

# Contact and Consciousness Retreat July 8-9, 2017 – Yamanashi, Japan

接觸與意識學習營

2017年 7月8-9日 日本山梨縣

## Introducing “Hybrid-7”<sup>1</sup> 混血 7 號

Report by Lyssa Royal Holt

Each year we have an annual contact retreat near Mt Fuji, Japan. I’ve been offering these workshops and retreats that include outdoor contact work since the early 1990s. I’ve been trained in various protocols for making contact, including some in depth training through the CSETI organization in the 1990s. However, because of my 30+ years as a trance channel, I found that I needed to create my own protocol methods in my own way, utilizing the tools available to me such as channeling. Our work usually does not put much emphasis on obtaining physical evidence of any kind.

每年我們都有一個固定的研習營，就在日本富士山下。從1990年初以來，我就一直提供這種包含戶外接觸的課程活動。我曾經接受過許多「接觸程序協議」(contact protocol)的訓練，包括1990年代外星智慧研究中心 CSETI (The Center f the Study of Extraterrestrial Intelligence) 的深入課程。但由於我有三十多年傳訊通靈 (Channel) 經驗，我發覺需要活用所能獲得的所有工具，例如通靈，以個人方式去創造屬於自己的接觸程序協議 (contact protocol) 和方法。我們的工作，通常不強調獲得任何實體證據。

These retreats are the highlight of my year. We have had amazing experiences but nothing like the surprise that happened this year. Over the last 5 years specifically, a primary being that I channel named Sasha (from Pleiadian origins), has been giving very detailed lessons about what she calls a “quantum map.” This map plots a course in consciousness that shows us how to let go of the separative human identity and move more into a quantum state of consciousness or what some call the nonlocal mind. From there, we are able to enter a common ground of sorts, where all consciousness can meet.

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<sup>1</sup> 中文翻譯/校正：台灣星際事務研究所 (Taiwan Institute of ExoPolitics Research = TIER) by Katsu ET, Johnson Chen, Ya-Ting

這些研習營是我生命中最精彩的部分，儘管我們有很多驚奇體驗，但是都沒能與今年(2017)的遭遇相比。特別是一個與我連結的主要存有 (Primary Being) 叫做『莎夏』Sasha (來自昴宿星)，在過去五年中，一直對我教授一種很精細的『量子地圖』課程，這個量子地圖，會標示出意識路徑，讓我們知道如何放下分離的人類身份認同，並且提升到量子意識層次，也就是所謂的『非地球/非在地 意識』(None-local Mind)。從那裡，我們將會進入到一個所有意識都可以會合的共同平台。

These teachings over the last five years have built cumulatively. Sometimes Sasha will pick up a lesson that she gave a year previously and move to the next step. She basically has said over and over that chasing UFOs and putting our attention on external phenomena (at the expense of our inner development) will keep us stuck. Instead, she has led us deep within ourselves to examine the nature of consciousness, what holds us back, and how to transcend duality to reach the common ground on the quantum map.

這些教學內容，是從過去五年慢慢累積起來，有時候，莎夏會從一年前教過的某堂課開始，然後接到下一階段。**她特別強調，如果只是關注在追逐 UFO 相關的外在現象，而犧牲了內在心靈層面的發展，會使我們停滯不前。**相反的，她帶領我們深入內在，檢視個人意識本質，看見是什麼阻礙了我們，以及**如何超越二元對立**，抵達量子地圖上的共同平台。

The 2017 retreat started out as they usually do. Sasha picked up the lesson from a year ago that she called “The Sirian Formula.” It was a way to move from polarity into paradox. From paradox, we can experience an alchemical shift in our consciousness. She continued adding to the quantum map into the next realm: that of collective consciousness.

2017年的研習營，如往年一般開始，莎夏從去年曾經教授過的『天狼星公式』(Sirian Formula)開始，這是一個讓我們從「兩極 (二元對立)」(polarity) 通往「悖論(相容)」(paradox) 的移轉方法。以悖論(相容)做為起點，我們能體驗到一個點石成金 (煉金術) 般的意識轉變。然後她持續不斷的擴展量子地圖，直到下個境界：『**集體意識**』。

There is a distinct energetic feeling at these retreats. For me, it feels like high-pitched frequency. I am used to it now, but sometimes the group is not and they manifest all sorts of symptoms like energy headaches, sleepiness, or feeling spacey and/or emotional. That was true this year. After the day's activities, the group got ready for the evening field work with anticipation.

在這些研習營裡，會出現一股特異的能量感覺，對我而言，這個感覺上像是一個高頻率能量，我現在已經適應了，但有時候組員們還無法適應，他們有著例如頭痛，昏睡，迷亂以及/或是情緒浮現的症狀，今年就是這樣，在白天整日的活動之後，我們在期待中為傍晚的室外傳訊活動(field work)做準備。

For the last many years, our lessons have come through a mysterious fog that covers the contact site only during the contact work, and then departs when we are finished. It was becoming predictable. I've had some of my most profound lessons in this quantum fog. But this year, there was no fog! What was going on? Yet there was a feeling of something different, a feeling of anticipation.

多年以來，我們的上課地點，在課程進行中，都會被籠罩在一層神秘的雲霧裡，課程結束後，雲霧就會散去，這種雲霧幾乎變得可以預測，某些最有深度的課，都是在這樣的量子雲霧中進行。但是，今年卻沒有雲霧！到底怎麼了？然而，卻又有一種很不同的感覺，一種期待的感覺。

As the group got settled, we did our opening protocols and I got ready for a channeling. I could feel there was a strong energy present, which usually means that a new being is coming to connect through my channeling process. Even after all these years, I face doubt with these new experiences, but I've learned to feel the doubt and do it anyway!

當我們的小組準備完畢，開始接觸程序協議，我準備好進入通靈傳訊狀態。我能感受到一股強烈的能量出現，通常這都代表了一個新的存有，正透過我的通靈傳訊程序，與我開啟連結。即使經過這麼多年，面對這些新的體驗時，我仍會懷疑，但我已經學會了去感受這些懷疑，同時放手繼續傳訊的工作。

As the new energy came, it was very confusing. I've learned the signatures of different ET species and this one felt familiar but different. When the energy finally blended enough to speak, it blurted out its name, or rather, the species from which it came. He (?) claimed to be from a species that he would only call "Hybrid-7". What?? He said he is a triadic hybrid comprised of Human, Sirian, and Zeta energies – and very far in our future from a time when this species is awakened. In the recorded material from this session, Sasha went further to explain the nature of Hybrid-7 and how the species connects to material the channeled entity Bashar (through Darryl Anka) has channeled.

當這個新能量來的時候，非常讓人困惑，我已經知道許多不同外星存有的能量特徵，但是這次的感覺，儘管熟悉，卻又有些不同。當整個能量匯集完成、並開始與我溝通的時候，祂首先說出自己的名字，祂聲明自己屬於『**混血 7 號**』這個族群，並且是由「地球人」，「天狼星人」(Sirian) 和「齊塔人」(Zeta) 這三種從遙遠未來的已覺醒種族所混血而成。根據這部分的課程記錄，莎夏更深入地說明『**混血 7 號**』(Hybrid 7) 這個種族的本質，以及祂們如何與巴夏（經由岱羅 Darryl 通靈傳訊）之前已傳訊的資料相互連結。

Once the contact work ended, we collected our gear and hung around only a short time before going back to our rooms. In terms of external phenomena, it seemed uneventful except for the channeling and the powerful energy felt. That's fine; most of us have long ago given up the need to experience external phenomena as a validation of the contact work.

當接觸傳訊的工作完成以後，我們把器材整理好，然後只待了一會兒，就回到房間。外表看來，好像都沒有什麼事情發生一般，只是有很強大的能量被匯入進來。這個對我們其實沒有影響，因為我們早已經習慣不需要任何外在現象的出現，去印證我們的接觸工作。

The next morning we had a group sharing as we usually do. This is often when the magic happens, and it sure happened on this day! While there were numerous amazing experiences, I am only sharing one particular thread here.

隔天早上，我們在小組裡面進行例行性的分享，這也往往是神奇事件發生的時間點，然後，它真的發生了，我們有許多驚奇的體驗，在這裡分享其中一個。

A new group member, Yurika K (partner of Reuben Langdon, producer of the *Interview with E.D.* web series, who was present at this retreat), shared that even though she is not a person who sees visions, she had a profound vision of a being during our pre-contact work meditation. An artist, she drew a depiction. We've included it below.

有一個新的小組成員，叫做 優里佳 Yurika（一個著名網路靈性影集製作人 Reuben Langdon 的夥伴，也參與了這次課程），她雖然不具有靈視能力，但是卻在接觸前的靜坐中，觀想到一個存有的影像。也因為她本身是藝術家，所以她把這個影像畫了下來。



*Drawing by Yurika Kisaragi, ©2017*

This being seemed so familiar to several of us, and we started to feel intuitively that it was indeed “Hybrid-7.” But the next thing that happened was totally surprising.

我們之中的幾位成員覺得似乎與這個生命很熟悉，我們直覺地接收到祂是『**混血7號**』，但是接下來的事情，卻完完全全地令我們驚訝。

A student in my channel training course here in Japan, Yoichi Takemura, said that after the contact work was over, he was hanging around and randomly shooting photos in the dark with his Android phone. He didn't notice anything strange until he checked later.

我的一名日本學員 竹村裕一，在接觸通訊工作結束後，隨機地用他的安卓手機，拍攝了周遭的黑暗情境，他並沒有察覺到任何不同，直到之後他看了自己所拍的照片。

When he later checked the photos, he was stunned to see what appears to be a very clear extraterrestrial being sitting or standing next to me as we were putting our gear away. (It appears in only one photo). He showed the group the photo he took and we were shocked. At first glance, it was one of the clearest photos of an ET taken during contact work that I've ever seen.

當他之後檢查照片時，驚訝地發現，可以很清楚看到一個外星生命，就在當我們收拾器材的時候，看似坐在或站在我身旁（只有出現在這一張照片）。他向所有小組成員分享這張照片，大家都非常地驚訝，乍看之下，這是我看過拍攝最為清楚的外星生命照片之一。

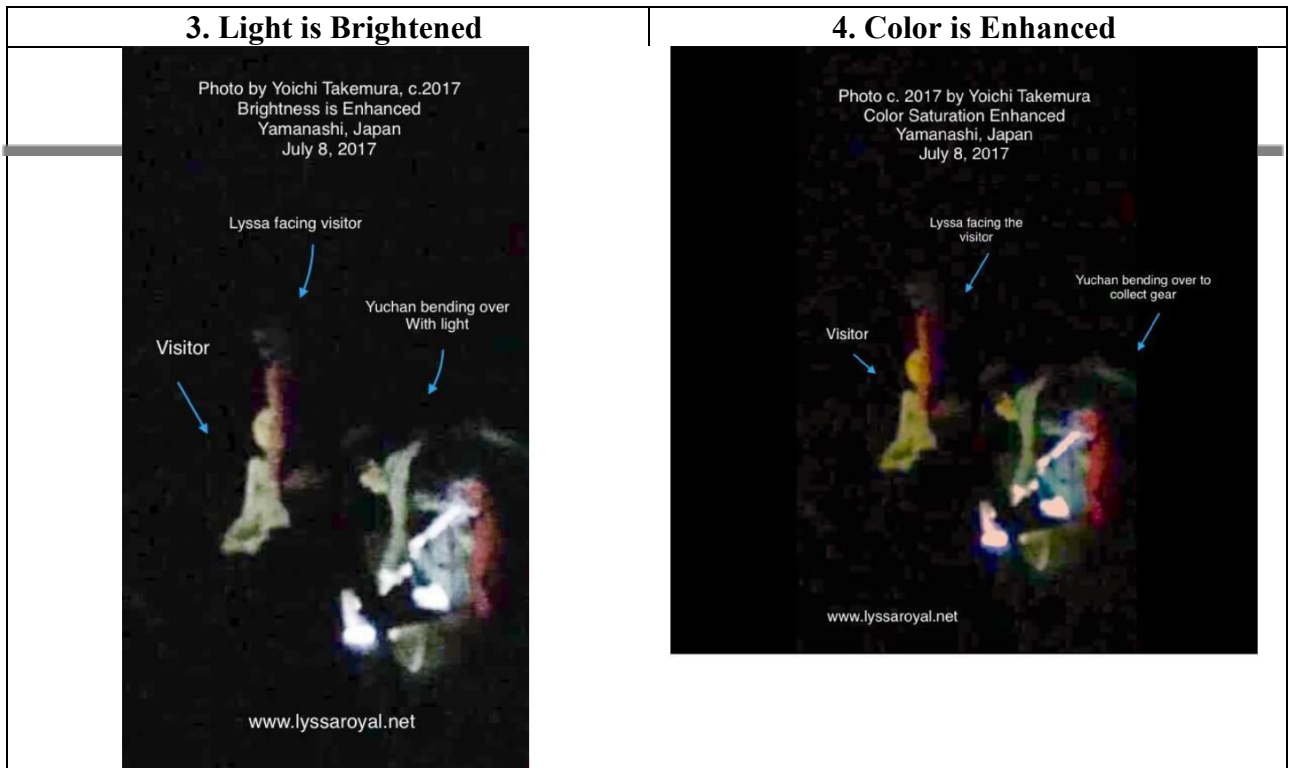
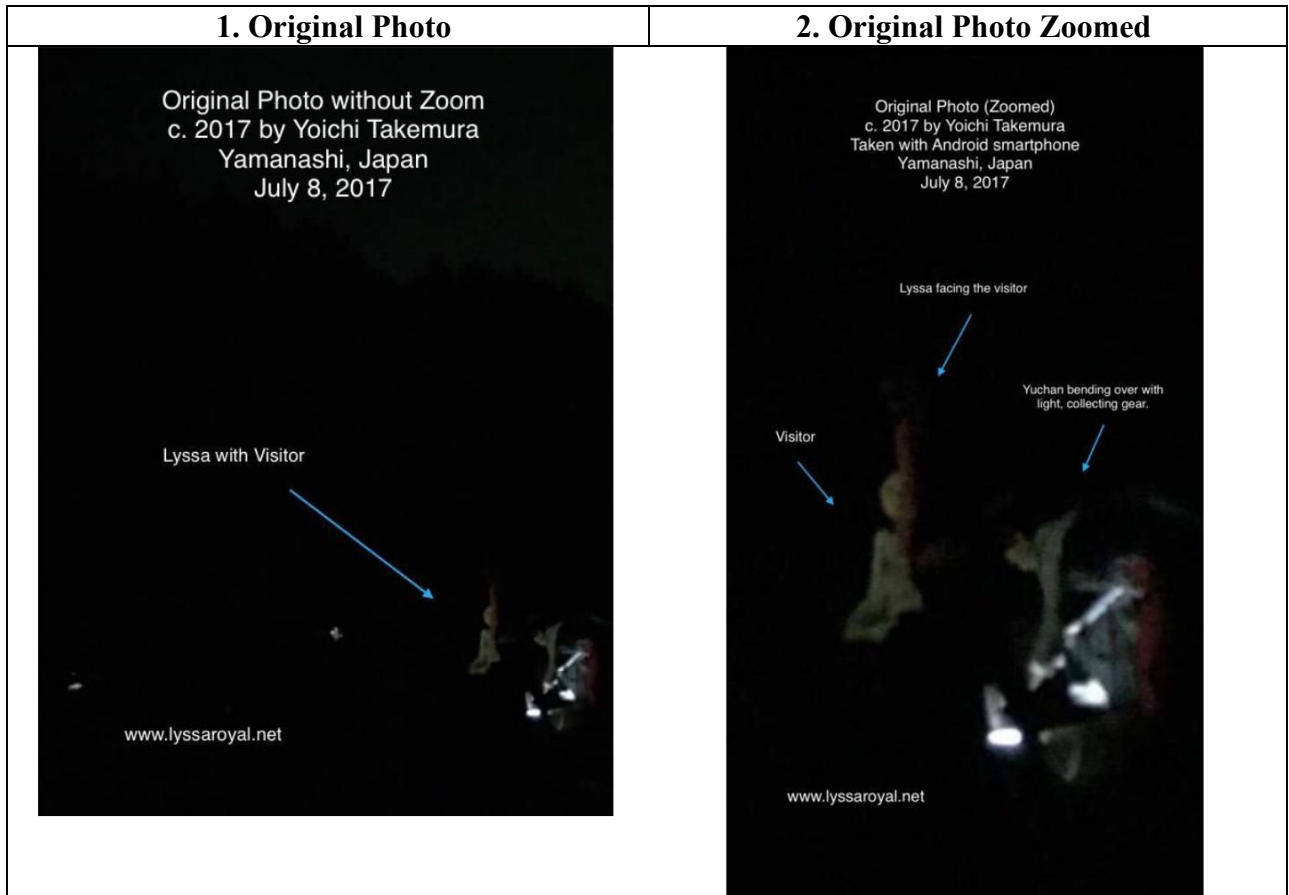
Here is the scene: In the foreground, on the right and bending over, is my assistant Yuchan. She is holding a light because she is packing up the gear. Toward the center of the photo, I am standing with my back to Yuchan and to the camera, but my arm and body are clearly seen. I seem to be directly facing an entity (with the typical skinny body and big head) that is shorter than I am. (I am 5' 2"). Perhaps he is sitting. He appears to be looking up at my face.

這張照片的情景是這樣的：在前面，位於右方然後彎下身的是我的助理 Yucha。她手中拿著一個手電筒，因為她正在收拾我們的器材。在這照片中央，即使我背對著 Yuchan 和相機鏡頭，仍然可以清楚看到我的手和我的身體。看起來我似乎是直接面對這個外星生命（有著一個典型的瘦小身軀和大大的頭），比我還矮一些（我大約五英尺兩寸 / 157 公分高），或許他是坐著，看起來像是正抬頭看著我的臉的樣子。

I realize that reproductions of cell phone photos are not that clear, and the original photo was not taken in high resolution. The photo is included below, in several formats. They are:

我知道手機照片所沖洗出的複本並沒有那麼清楚，而且照片解析度也不高，但是我將圖片做了一些調整：

- 1) The original photo from an Android phone 原來安卓手機的照片
- 2) The original photo zoomed Zoom 放大的照片
- 3) The light on the original photo was brightened 調亮了的照片
- 4) The colors on the original photo were enhanced 加強色彩的照片



During this event, I was wearing a dark pink long-sleeved shirt, which is clearly seen when the color is enhanced. I even had a lighter jacket tied around my waist, so we are sure this is me in the photo. I remember this part of the evening. We had finished and I was just putting things away and enjoying the night. The group had dispersed, so absolutely no human was standing next to me other than my assistant Yuchan, pictured in the photo. We were in a large field. There is no object anywhere near me. This should be empty space. But there he is as plain as day.

在這個事件裡，我穿著一件深粉紅色的長袖襯衫，所以在加強色調的照片中可以清楚的看到。我還把我的薄外套綁在我的腰間，所以圖片中的是我無誤。我記得這個晚上的場景。我們已經結束了我們的活動，剛剛歸整完物品，並且正享受著夜晚的時光。我們的小組成員都已經散去了，所以我確定除了我的助理之外，身旁沒有其他人。我們在一個寬廣的空地上，旁邊都沒有任何東西。這裡應該是一個空曠的空間，但是你卻可以清晰的看到他。

I don't know much about photography, but it appears that I am a bit transparent and the being's head is seen through my arm. Actually, I am told quite often that students see me phase out during contact work. Sometimes part of my body disappears or becomes transparent. It could be a trick of the lighting in this photo, but that's what it looks like to me!

我不懂攝影，但是，我看起來有些透明，透過我的手臂可以清楚的看到這個外星生命的頭部。其實，常有人告訴我，在進行接觸傳訊時，有時，我的學生會看見我部分的身體慢慢的變淡變透明，或許是因為光線的關係，但是對我而言，看起來就是這個樣子。

I have sat with this photo for hours. My left brain wants to debunk it but can't. My heart knows it is real. In that case, this marks a whole new era in my future contact work. Why now? Is it because we have given up chasing physical proof? Will it ever happen again? Does it change the contact work because of this – somehow taking it to a new level?

我重複看著這張照片好幾個小時，我的左腦一直嘗試否認，但是我的心知道這是真的，若是這樣，這對於我未來的傳訊工作，畫下了一個全新的時代。但為何是現在呢？是不是因為我們已經放棄追逐實體的證據呢？它會再度發生嗎？我的接觸傳訊工作，會因此而改變 – 以某種方式提升至新境界嗎？



My sense is that it happened for several reasons. One is that as most of you can feel, the veils between realities are thinning. In that case, this is no surprise.

我覺得這個現象的發生有幾個理由，一個是我們都可以感受到的，就是實像之間的帷幕正慢慢地褪去，如果是這樣的話，這並不奇怪。

I think another reason has to do with Sasha's lessons about the quantum map and its relationship to contact work. She has been deliberately and patiently giving us the teachings to traverse this map within our consciousness, and because of that, we can see the results.

我想另一個理由，一定和莎夏的量子地圖課程、以及量子地圖與我們傳訊工作之間的關係相關。她一直謹慎並耐心地教導我們，如何在我們的意識裡穿越這個地圖，也因為如此，我們才看到了這樣的結果。

It remains to be seen if a repeat of this event will happen in future retreats. (We don't actually put a lot of attention on taking photos, which again may be a reason why it happened). In the meantime, I am humbled and grateful that this being, who we feel is "Hybrid-7", felt safe enough to sit so close to me! ☺

要等到未來，我們才會知道，學習營是否會再度發生相同的事件（我們其實並不太重視拍照，所以或許才會有這樣的事件發生），同時，我感到謙卑感恩，為這位「混血7號」（Hybrid 7）外星生命，因感到足夠安全而和我坐的這麼近。☺

As this story unfolded during the sharing time at the retreat, it took me back to a dream I had in early 2017 in which Darryl Anka (the channel of Bashar) and I were seated at a computer. He was showing me a diagram of many interlocking hexagons. With a red line, he was drawing a line around an inner circle of these hexagons, and telling me something important about them. (I haven't listened to many of Darryl's channelings since the 80s, so I was unaware that this was a lesson Bashar had given last year). In the dream, he even offered to put the whole thing on a flash drive so I could take it home and study it.

當這個故事在學習營中的小組分享揭露時，讓我回想起2017年初，我所做的一個夢，當時我和岱羅安卡（巴夏的傳訊者）一起坐在電腦前面，他向我展示一個圖表，其上有許多

相連的六邊形，他在這些六邊形的核心畫了一條紅線，然後告訴我一些很重要的事情。

（從1980年代起，我就很少聽岱羅傳達巴夏的訊息，因此我並沒有發覺這就是去年巴夏所教的一堂課程）。在夢裡，他甚至給我一個USB硬碟，好讓我把圖表下載回去研究。

A few months after I had that dream, I contacted a friend and assistant of mine in Japan, Toshi, who is a big Bashar fan. I asked him if he knew what the dream meant. In response, he sent me the diagram that Darryl/Bashar had done about this, and told me it represented the hybrid species we are connected to. From time to time Darryl and/or Bashar come into my dreams and give me lectures. Quite often, it matches material Bashar has given, or is about to give, to the public. This has happened since my time with them in the 80s. But this one was just amazing.

做夢的幾個月後，我聯絡一位朋友，同時也是我在日本的助理Toshi，他是巴夏的大粉絲。我問他是否知道我這個夢境的意義，他把岱羅/巴夏的圖表回傳給我，然後告訴我，這其實代表了我們所接觸的混種外星人，岱羅或是巴夏會時不時的到我夢裡來教導我，教導的內容，時常跟巴夏在公眾場合教授過的、或是即將要教授的完全一樣。自從80年代我與他們一同研習開始，就不斷發生這樣的狀況，但是這次的事件實在令人感到驚奇。

At the retreat, Toshi pulled out the Bashar diagram again and suddenly I got chills. There were the hexagons I saw in my dream – six in a circle with a center one that represented the 7th hybrid species (“Hybrid-7”?) The symbol was a triad with a spiral in the center and it matched what Sasha had channeled about Hybrid-7’s triadic species – that it was the culmination of an integration process that brings us all together.

在學習營裡，Toshi 再次把巴夏的圖示拿了出來，然後突然間我起雞皮疙瘩了。圖上是我在夢中看到的六角形，有六個六角形圍成一圈，圈內中心的那個六角形，代表了第七個混血種族（是『**混血7號**』嗎？）。符號的樣子是三個相連物，中間有個螺旋，與莎夏通訊時談到「混血7號」的三合一種族（這正是把我們全部融合在一起的結果）相符。

Yes, my life is like a science fiction movie. It has been since the 80s!

我的生命從1980年代開始，就好像一部科幻電影。

I am sure the pieces will continue to connect and the puzzle will be clearer. For now, I still feel Hybrid-7's presence, and the profound affect his photo has had on my consciousness. Maybe that is the point. We are still physical beings. Sometimes we need that little bit of validation from the universe that says not only are we on the right track, but there is much more excitement on the road ahead.

我相信拼圖的片段會繼續相互連結，而拼圖的全貌會變得越來越清楚。現在，我依然感覺得到混血 7 號的存在，以及這張照片對我的意識所產生的深切影響。或許這就是重點，我們仍然是物質世界的生命，有時候我們需要宇宙來給我們印證，告訴我們，我們不只是在正確的道路上，同時前方的道路可能會更充滿驚奇。

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*Introducing Hybrid-7 - Report from the 2017 Japan Contact Retreat by*

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