

**Only USA Retreat
in 2013!**

Seed of Life Institute & SOLi School Present ...

The Contact and Consciousness Retreat

**An Advanced Training to Explore and Initiate
Interdimensional and Extraterrestrial Contact
as a Path of Consciousness Evolution**

Lyssa Royal Holt, a globally recognized author, contact researcher, channel, and seminar leader has been offering these retreats, in various forms, since the early 1990s. They are wildly popular in Japan, where most retreats are offered, and rarely given in the USA due to Lyssa's travel schedule. We are excited to offer a rare event in Lyssa's home state of Arizona - known for its many UFO sightings.

In this weekend exploration, we move beyond the idea of whether extraterrestrial or interdimensional life exists. Instead, we embrace the idea that it does, and explore how we as humans can create a common ground upon which two 'alien' species can meet. Upon that common ground, how do we reach out? And furthermore, how does the human consciousness react to such a shift in reality and perception?

Human evolution is moving at a rapid rate and soon our technology will, without a doubt, bring us face-to-face with the reality of life beyond our Earth in its myriad forms. Before that happens, we as a species can facilitate a smooth transition into a universal community through preparedness, and an understanding of human consciousness as it encounters the new paradigm of extraterrestrial and/or interdimensional intelligence.

Each retreat is unique. If you have attended before, you will find more new experiences and insight. This retreat is known for its high level of repeat attendance. Attendees help to shape the event through their input and energy and that is what makes each one different.

We have chosen the area of Carefree, Arizona (in a remote area north of Scottsdale) for this year's retreat, near the Tonto National Forest and its many power spots.

For more information, see our schedule at www.solischool.org/schedule.html or keep reading the following pages, where full information is available to prepare you for the event. →



with
Lyssa Royal Holt



**October 5-6, 2013
in
Carefree, Arizona**

Explorations Include

- Contact work under the stars (weather permitting)
- Experiential exercises designed to prepare the human consciousness for contact
- Lectures and channelings from Lyssa
- Exploring the human ego and its response to contact
- Trainings in field work and contact protocol
- The importance of contact and planetary evolution
- Understanding your contact experiences
- Integrating and utilizing the intense energy present during contact
- Techniques and practices to quiet the mind and move to Universal Consciousness
- And much more!

To Contact Us:

info.solischool@gmail.com
www.solischool.org

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October 5-6, 2013 / Carefree, Arizona

INFORMATION (Continued)

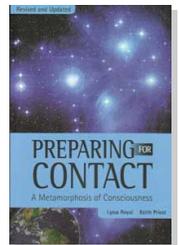
A Note about Our Work

Lyssa's approach to ET research and contact work emphasizes that the participant must evolve beyond the polarized thought of "good guys" and "bad guys." We are all ambassadors and therefore our personal belief systems and judgments must not be a part of the contact process. In fact, for the contact process to be successful and fulfilling, we must move beyond these limiting belief systems. For over 25 years, Lyssa has worked with the same group of extraterrestrials and interdimensional entities who have guided her research and every group has been completely safe while doing this work. Individuals with a high level of fear about this work, or who see some ETs as "bad" and others as "good" should think carefully about whether this work is right for them at this time. Group consciousness is a key element in contact work and if there are participants with polarized beliefs or a high degree of fear, it can negatively affect the entire group.

In addition, it is important for participants to examine their motivations for participating in a retreat such as this. If it is purely to see a UFO, obtain evidence that ETs exist, or for any reason other than connecting joyfully with universal life and exploring the nature of consciousness, this retreat is probably not right for you. For those of you who are excited to be pioneers in the field of contact research, we hope you will join us!

Suggested Reading

Lyssa's book *Preparing for Contact* is suggested to be read before the retreat. A new edition (with new information) was released by Light Technology in 2011. To obtain a copy, there are links on our web site to Amazon, where you may order the book. Go to: www.solischool.org/our-books.html



Workshop Times

Saturday 10am to 5pm (approx) and 7:30 to 10pm (approx) / Sunday 10am to 4pm, 7:30 to 10pm approx (evening optional)

About the Retreat Location

The retreat will be held at the well known *Carefree Resort and Conference Center*, which hosts events from large to small. We will have a quiet, intimate classroom for our group, away from any big events that may be scheduled. The location is in Carefree, Arizona, which is north of Scottsdale, AZ, and thus conveniently located for anyone flying into Phoenix Sky Harbor Airport. The property is very close to the Tonto National Forest and the Bartlett Lakes region, so we will have access to miles of empty desert to do our contact work in the evening(s). The hotel property is gorgeous, with desert views and beautiful landscaping, a pool, and South-western décor. There is a restaurant on site. To view the web site, book a hotel room, or obtain directions, go to: www.carefree-resort.com. Because lodging is not included in the tuition, participants are free to book a room at the resort directly if they wish. For those coming from out of town, we recommend staying at the resort, because there are very few hotels in the area and it is at least a 45-minute drive into the greater Phoenix area.



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INFORMATION (Continued)

What is Included

Included in the price of tuition for this retreat are all the retreat activities (lectures, experiential exercises, etc.), and one night of outdoor contact work (Saturday night 10/5), weather permitting. We are offering an optional second evening of contact work on Sunday night (10/6) for those who can stay, and that price is not included. (We strongly recommend attending the 2nd night, as energy builds during these retreats and the energy “amps up” after the first night of contact work). *Lodging is not included.* Participants are responsible for their own lodging and food. (See below). Meals are not included.

Lodging

We strongly recommend staying at the Carefree Resort and Conference Center, because there are very few hotels in the area and they fill quickly. If you wish to share a room with another participant, please let us know and we will try to connect you with others looking for roommates. If you wish to find another hotel, do a web search on the towns of Carefree, AZ and Cave Creek, AZ. If you wish to make a reservation at the Carefree Resort, it is recommended to do so with plenty of time before your arrival, as they tend to sell out their rooms quickly.

Camping: Camping is available in the Tonto National Forest and at Bartlett Lake, about 15 miles from the venue. (No showers are available). Please see the appropriate web sites for fees and restrictions.

The Evening Contact Work Events

As part of the tuition price, we offer one night of contact work under the stars on Saturday, October 5, weather permitting. This is a rare opportunity and anything can happen—from profound internal experiences to exciting visual phenomena. The group will be trained in protocol during the retreat and we can answer any of your questions about the mechanics of what we will do at that time. On Sunday night October 6, we offer an optional 2nd night of contact work for those who can stay. Please see below about how best to prepare for the outdoor contact work.



What to Bring / How to Prepare

In addition to the usual workshop items like a **notebook**, **pens**, and personal things such as your favorite meditation cushion, we do suggest that you prepare yourself for outdoor activity at night. Nights in early October in Arizona will be warm (and rarely any mosquitos) or pleasantly cool. Light cotton clothing and jeans should be sufficient, with a **jacket** in case it gets chilly. Bring a **flashlight**, and any other items you may wish such as a comfy camp chair, and binoculars. (Chairs will be *not* be guaranteed to be available unless other participants bring extras, so it is strongly recommended that you bring something to sit on like a portable camp chair, tarp, or stool). Please be aware that we will be in a secluded location where there is much wildlife so it is best to be seated in a chair. Bring **sunscreen**, **sunglasses**, and a **hat**, because the days will still be hot and sunny. Bring **protective shoes** (no sandals) for fieldwork in the dark in the desert (cactus!). Local participants: If you have extra camp or beach chairs, please bring to share with other participants.

The classroom is carpeted, but you may bring a yoga mat for further cushioning if you wish, for some exercises we may do lying down. We will have some extra Indian blankets. Please bring pillows if you need them. Recording is not permitted during the retreat, but you may bring a camera and take photos during the classroom events if you wish. No flash photography is allowed during the evening contact work in order to preserve night vision.

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INFORMATION (Continued)

Carpooling to Contact Site

Once we know the exact number of participants, we can begin to arrange transportation to the contact site. However, we ask that if you are driving to the venue via car, please be open to carpooling to the contact site on Saturday and/or Sunday night. The site we have chosen won't have much parking and so we will need to take as few cars as possible.

Workshop Price

The base price is \$299 per person for the weekend. However, the exact workshop price depends upon whether you choose to attend the optional Sunday night contact work as well as your payment method. Prices are outlined on the registration form.

For Registration

Your space will not be confirmed until we receive your full registration and payment. Registration details are outlined on the registration form. Using the registration form, you may send your registration via fax, email or postal mail to:

Seed of Life Institute / PO Box 55844, Phoenix, AZ 85078 / info.solischool@gmail.com / Fax: 602-404-1456

Registration Form: www.solischool.org/C&CRetreat2013AZ-reg.pdf

Please note that Lyssa will be working in Japan for the month of June and part of July. If you send your registration during that time and do not receive a reply, it is because her office is temporarily closed. You will receive a reply as soon as the office reopens. Thank you!

About Lyssa



Lyssa Royal Holt, a globally recognized author, channel and seminar leader will be leading this retreat, with assistance by her husband Ronald Holt. She is most known for her books that explore the extraterrestrial issue such as *The Prism of Lyra*, *Visitors from Within*, and *Preparing for Contact*, and for her grounded, authentic approach to contact research. She has been conducting research into the contact phenomenon for more than 25 years, and in the 1990s led a field research team in Phoenix, Arizona for the organization CSETI (the Center for the Study of Extraterrestrial Intelligence founded by Dr. Steven Greer). Since that time she has conducted independent research, training field teams all over the world. Most recently she has been seen on a Discovery Channel special that explores extraterrestrial contact. She lives in Arizona with her husband Ronald Holt, and continues her research. www.lyssaroyal.com / www.solischool.org

Registration
Deadline:

Wednesday,
September 18, 2013



← An anomalous energy field was captured in this photo by one of our participants during contact work. It fully surrounds our contact site!