

SEED OF LIFE INSTITUTE PRESENTS

Quantum Navigation Meditation with Ronald Holt

An Ongoing Meditation Training and Practice
Next Dates: September 21, 2017 | 7 to 9pm

7:00 to 9:00pm

Held at Storm Wisdom
3375 E. Shea Blvd A-1
(Shea Blvd & SR51)
In N. Phoenix
\$20

For Registration:
(602) 334-1204 or online
www.stormwisdom.com

Ronald Holt has practiced and taught meditation since the 1980s and is a certified Taoist and Hatha yoga teacher at the master level. He is most known for his work as the director of the Flower of Life Research organization from 1997-2013 and his practical teachings of sacred geometry. Since the 1990s he has offered workshops in Japan, the US, Europe, and many countries around the world. He often works with his wife, channel and author Lyssa Royal Holt



Surrendering to the Quantum Energy of the Heart
through Quantum Navigation Meditation

Ongoing Practice and Mentorship with Ronald Holt

Within us lies a vast and layered landscape that is built from our experiences, challenges, and belief systems that we have carefully constructed as physical beings. The landscape contains many objects that protect the dream so that we do not awaken. This landscape is like a map that we can use to lead us back "home" within ourselves - almost like a video game complete with archetypal characters, dragon slayings, death and rebirth, and ultimate victory over illusion. But very few of us actually go inward to engage this landscape, learn about it, and use it to heal ourselves and affect the physical reality - mostly because we don't know this inner map exists or how to work with it. Once we know how to navigate the map, we can follow it into the quantum, into the heart, and back Home again.

In Ronald Holt's personal inner work of over 30 years, he has learned to navigate this map, meet and interact with the archetypal guardians and teachers of this inner realm, and, using the quantum energy of the heart, experience the nondual abiding consciousness of all creation. In these last 3 decades, he has shared this work with very few - mostly working one-on-one. Now, for the first time, he will begin to offer it to groups.

This is a semi-regular, unique meditation training offered by Ronald Holt based on his **Quantum Navigation** workshop (next held at Storm Wisdom on Aug 20-21). It is not necessary to have attended the workshop, but it is highly recommended, so that basic information will be understood before this experiential meditation training. This evening will include a lot of experiential work as well as group participation by the audience, who together help to weave a tapestry of understanding of this most sacred work. Very few of us actually know how to go inward to engage this landscape, learn about it, and use it to heal ourselves - mostly because we don't know this inner map exists or how to work with it. Once we know how to navigate the map, we can follow it into the quantum, into the heart, and back Home again.



Presented by Seed of Life Institute and the SOLi School
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